

ALL OUT DENTAL

3THREE
ON SIX[®]



**THE 3 ON 6™ HAS MADE PERMANENT SMILE RESTORATION
AFFORDABLE AND ACCESSIBLE FOR MANY PEOPLE WHO
PREVIOUSLY WERE LEFT TO CHOOSE BETWEEN DENTURES
OR A SMILE THEY WEREN'T HAPPY WITH.**

ALL OUT
DENTAL



TABLE OF CONTENTS

1. UNDERSTANDING YOUR FULL MOUTH RESTORATION OPTIONS
2. COMPARING 3 ON 6™ VS. ALL ON X
3. FULL ARCH VS. SEGMENTED BRIDGES AND 3 ON 6™ VS. 4 ON 8
4. COST
5. UNDERSTANDING THE RISKS
6. STEPS AND APPOINTMENTS
7. DESIGN OPTIONS
8. ARE YOU A GOOD CANDIDATE?
9. CONSULTATION
10. CONSULTATION CONTINUED
11. PREPARING FOR SURGERY DAY
12. SURGERY DAY AND IMMEDIATE POST-OP CARE
13. RECOVERY AND POST-OPERATIVE CARE
14. RECOVERY AND POST-OPERATIVE CARE CONTINUED

ALL OUT
DENTAL



UNDERSTANDING YOUR FULL MOUTH RESTORATION OPTIONS

Understanding Your Full Mouth Restoration Options

When considering full mouth restoration, there are several options available. Here's a simple breakdown of the most common choices:

- Dentures - Full Removable
- Snappy Dentures: These are traditional removable dentures that can be snapped in and out. They are more stable than regular dentures.
- 1 Piece Bridge
 - This procedure entails replacing all the teeth in either the upper or lower jaw with a complete arch prosthesis, which includes artificial gums. (All on X)
- Segmented
 - This option involves several independent bridges tailored to specific needs. The patient keeps both bone and gums.

What is FP1, FP2, and FP3?

In dental restorations, FP classifications help define the type of prosthesis based on the amount of gum (pink) and teeth (white) visible:

- FP1 – No Pink (3 on 6™)
 - These restorations show only teeth without any artificial gum tissue. Ideal for those who want a natural look without pink gum material.
- FP2 – Long Teeth (3 on 6™)
 - These prostheses show longer teeth, still with no artificial gum tissue. Suitable for patients who need longer teeth for better function or aesthetics.
- FP3 – Pink (All-on-X)
 - These include both teeth and artificial gum tissue (pink) to replace both missing teeth and gums. Often used in All-on-X procedures.

▶ FP1 (NO PINK)

▶ FP2 (LONG TEETH)

▶ FP3 (ARTIFICIAL PINK)



COMPARING 3 ON 6™ AND ALL-ON-X

Comparing 3 on 6™ and All-on-X

When choosing between the 3 on 6™ and All-on-X dental restoration options there are some key differences to consider:

Look

- 3 on 6™:
 - Does not have fake gums, making it look and feel more natural.
 - Thinner prosthetic, which contributes to a more natural appearance and comfort.

Maintenance

- Daily Care
 - With 3 on 6™, you still need to brush and floss daily just like natural teeth.
- 6-Month Checkups
 - It's recommended to visit your original provider, but any dentist can perform this checkup.
 - We charge \$149 per appointment, which amounts to approximately \$300 per year.
- Yearly Maintenance
 - Unlike All-on-X, 3 on 6™ does not need to be removed and cleaned every 12 months. This can save time and reduce the inconvenience associated with more frequent maintenance.

All on X



3on6



FULL ARCH VS. SEGMENTED BRIDGES

AND 3 ON 6™ VS. 4 ON 8

Full Arch vs. Segmented Bridges

Understanding the difference between full arch and segmented bridges can help you make an informed decision about your dental restoration:

Why is Segmented Better?

- Micro Movements Promote Bone Healing and Stronger Implants
 - Segmented bridges allow for small movements that can stimulate bone healing and contribute to the strength of the implants.
- Natural Biofeedback for Chewing and Talking
 - These micro movements also provide natural biofeedback, making chewing and talking feel more natural compared to full arch solutions.

What if the Final Bridge Breaks?

- Trauma, etc.
 - If a piece of the segmented bridge breaks due to trauma or other reasons, each individual piece can be replaced. This is significantly more cost-effective than replacing an entire full arch or All-on-X solution.

What is 3 on 6™ vs. 4-on-8?

- Number of Implants and Number of Bridges
 - 3 on 6™: Involves 6 implants supporting 3 bridges.
 - 4-on-8: Involves 8 implants supporting 4 bridges.



COST

Cost of 3 on 6™ Dental Restoration

Understanding the cost and payment options for a 3 on 6™ dental restoration is crucial for planning your treatment:

How Much Does a 3 on 6™ Cost?

- All-Inclusive Price
 - The comprehensive price includes sedation, post-operative care, a care package with supplies (such as a Waterpik, toothbrush, supplements), direct access to Dr. Emett via his mobile number, concierge after-hours service if needed, weekend appointments if needed, and a warranty.
 - At All Out Dental – Las Vegas, the all-inclusive price starts at \$55,000 before any discounts.

What Can Make the Price Go Up?

- Additional procedures such as:
 - Sinus lifts
 - Ridge augmentation
 - Trauma management
 - Teeth impactions



What Can Make the Price Go Down?

- Promotions and Discounts
 - Participation in marketing promotions
 - Military Discounts (Dr. Emett served in the Army)

How Do People Pay?

- Financing Options
 - 80% of patients finance all or part of the cost
 - Credit Cards
 - Bank loans
 - Financing offered at the office
 - Savings

How Much Money Do I Need to Start?

- An minimal payment of \$15,000 per arch is required.
- Payments on the remaining balance can be made directly to the office.

RISKS

Understanding the Risks of 3 on 6™ Dental Restoration

Knowing of the potential risks involved in the 3 on 6™ dental restoration can help you feel informed about your decision for your treatment:

Implant Failure

- General Risk
 - Even in perfectly healthy patients, there is a 3% chance of implant failure.
- Increased Risk Factors
 - Diabetes
 - Patients with an A1C level greater than 7.5 have an increased risk of implant failure.
 - Smoking
 - Current smokers or those with a history of smoking also face a higher risk of failure, up to 20%.

Other Potential Risks

- Broken Bridges
 - The bridges used in the restoration can break due to trauma or other factors.
- Broken Abutments
 - The connectors (abutments) between the implants and the bridges can also break.
- Broken Implants
 - Although rare, the implants themselves can break under certain conditions.
- Future Soft Tissue Grafts
 - Additional procedures such as soft tissue grafts may be needed in the future to maintain gum health.

Sedation Risks

- Medical Concerns
 - Sedation carries its own set of risks involving the airway, heart, lungs, and potential interactions with medications among other risks.

STEPS AND APPOINTMENT

Steps and Appointments for 3 on 6™ Dental Restoration

Understanding the process and the number of appointments involved in a 3 on 6™ dental restoration can help you prepare for your treatment journey:

Steps and Number of Appointments

1. Records Appointment
 - Initial appointment to gather all necessary records and plan your treatment.
2. Surgery
 - The surgical placement of the implants.
3. First Set of Temporaries (3 Months)
 - Soft food diet during this period.
 - The temporary bridge is a single solid piece printed out of high-strength resin.
4. Second Set of Temporaries (1-4 Weeks)
 - These temporaries are segmented into 2-4 pieces, also printed out of high-strength resin.
5. Finals
 - Once your gums and implants have healed, the final restoration is placed.
 - Made from solid zirconia, allowing for an unrestricted diet.



DESIGN OPTIONS

Design and Color Selection

- Who Picks the Design and Color?
 - The design and color are chosen collaboratively by you and your provider.
 - For temporaries, there are three color choices: Bleach, A1, and A2.
 - For the final restoration, many more color options are available.
- Can I Change the Shade and Design?
 - Yes, changes to the shade and design can be made up until the final restoration is placed.



CANDIDATE

What Makes Me a Candidate for 3 on 6™?

You've decided that full mouth rehabilitation is right for you, and you've chosen the 3 on 6™ approach. Here's what happens next:

- Bone Height, Width, and Density
 - These factors are crucial in determining whether you are a good candidate for the 3 on 6™ procedure. Adequate bone height, width, and density are necessary to support the implants.

How Do We Measure These Things?

- Images
 - Detailed images of your jaw and teeth structure are taken to assess the bone and plan the implant placement.
- CBCT/PANO
 - A Cone Beam Computed Tomography (CBCT) scan or a panoramic (PANO) X-ray is used to provide a comprehensive view of your oral anatomy, helping to measure bone dimensions accurately.
- Health Evaluation
 - A thorough health evaluation is conducted to ensure you are fit for surgery and to identify any potential risk factors that might affect the success of the implants.



CONSULTATION

Your Consultation

Choosing 3 on 6™ for your full mouth rehabilitation is a significant step. Here's what you can expect during the consultation and the entire treatment process.

Free Consultation

- Personalized 1-on-1 Time with Dr. Emett
 - Our consultations are free, providing you with personalized time to discuss your needs and concerns directly with Dr. Emett.

What to Expect During the Consultation

1. Review of Health History
2. Images
 - Detailed images will be taken to assess your oral health and bone structure.
3. Oral Exam
 - A thorough examination of your mouth to evaluate your condition.
4. Q&A
 - An opportunity to ask questions and get detailed answers.
5. Decision and Treatment Plan
 - Once the evaluation is complete, a treatment plan will be discussed, and the price will be confirmed. The price is good for 60 days.
6. Schedule Records Appointment and Surgery

How Long is the Entire Process?

For Local Patients:

- Consultation
 - Duration: 60 minutes
- Records Appointment
 - Duration: 60-90 minutes
 - Time until next appointment: Minimum 1 week
- Surgery
 - Duration: 4-8 hours
 - Time until next appointment: 24-48 hours

CONSULTATION CONTINUED

- Post-Op Appointment
 - Duration: 45-60 minutes
 - Time until next appointment: ~3 months
- 3-Month Appointment
 - Duration: 2-3 hours
 - Time until next appointment: 8 business days
- Second Set of Temporaries
 - Duration: 60 minutes
 - Lab needs two weeks to fabricate finals
- Finals Delivery and Photos
 - Duration: 2-3 hours

Out-of-Town Patients:

- Consultation & Records
 - Duration: ~2 hours
 - Time until next appointment: Minimum 1 week
- Surgery
 - Duration: 4-8 hours
 - Time until next appointment: 24-48 hours
- Post-Op Appointment
 - Duration: 45-60 minutes
 - Time until next appointment: ~3 months
- 3-Month Appointment & Second Set of Temporaries
 - Duration: Full day
 - Lab needs two weeks to fabricate finals
- Finals Delivery and Photos
 - Duration: 2-3 hours

Additional Information

- Will I Ever Go Without Teeth?
 - No, you will always have teeth throughout the process.
- Is This Teeth in a Day?
 - Yes, you will receive your new teeth on the same day as the surgery.

PREPARING FOR SURGERY DAY

Getting ready for your 3-on-6 surgery involves several important steps.

Here's what you need to know:

Sedation vs. Non-Sedation

- We Don't Offer This Procedure Without Sedation
 - For your comfort and safety, the 3-on-6 procedure at All Out Dental is always performed under sedation.
 - Without sedation, the process usually takes multiple days.
- All Out Dental Sedation
 - All sedation is administered by a sedation professional (CRNA, Dental Anesthesiologist, or Anesthesiologist).
 - IV Sedation – General Anesthesia
 - The entire procedure typically takes 4-8 hours when sedated.

Preparing for Surgery Day

- Pre-Surgery Communication
 - Our office will stay in contact with you leading up to the big day to ensure you are well-prepared.
- Bone Supplement
 - We provide the first 30 days of bone supplements. Begin taking these 30 days prior to surgery and continue for a minimum of 90 days after surgery.
- Fasting Instructions
 - No food or water for 8 hours before surgery.
- Comfortable Clothing
 - Wear comfortable clothing and slip-on shoes for easy dressing post-surgery.
- Adult Brief
 - Consider wearing an adult brief for added comfort and convenience during the procedure.
- Hydration
 - Ensure you are well-hydrated the day before surgery.
- Pre-Surgery Call
 - A few days before surgery, you will have a call with the anesthesia provider to review your health history and answer any questions.

SURGERY DAY AND IMMEDIATE POST-OP CARE

1. Final Paperwork
 - Complete any remaining paperwork before the procedure.
2. Post-Operative Care Review
 - Our staff will review all post-operative care instructions with your designated caregiver (“person”).
3. Pre-Surgery Review with Dr. Emett
 - A brief consultation with Dr. Emett to go over the procedure and address any last-minute questions.
4. Meet the Sedation Provider
 - You will meet the sedation professional who will administer the IV sedation.
5. IV Sedation
 - The IV will be placed, and you will go to sleep.
6. Wake Up with New Teeth
 - After the procedure, you will wake up with your new teeth already in place.
7. Wheelchair to Car
 - You will be assisted in a wheelchair to your car for a safe and comfortable departure.
- Family Presence
 - Your family does not need to stay at the facility during the procedure. We recommend they go home or run errands. Our staff will keep them updated throughout the day.

24-48 Hour Post-Op

- Feeling Good
 - You may be surprised at how good you feel just 24-48 hours after surgery.
- Bite Adjustment
 - A follow-up appointment will include a bite adjustment to ensure proper alignment.
- Fill the Holes
 - Any necessary adjustments, such as filling holes, will be made during this visit.



RECOVERY AND POST-OPERATIVE CARE

Proper care during recovery is essential for a smooth healing process and successful results. Here's what you need to know:

Recovery Diet

- First 24-48 Hours
 - Liquid only.
- First 7 Days
 - Avoid using a straw to prevent dislodging blood clots.
- First 3 Months
 - Soft food only.
 - Follow the “plastic fork” rule: If you can't cut it with a plastic fork, don't eat it.

Ice Packs

- Usage
 - Ice packs are beneficial during the first 48 hours to reduce swelling. They may still feel good after this period and can be continued for comfort.

Pain and Inflammation

- Pain Management
 - Pain is typically due to inflammation, which peaks around 72 hours post-surgery.
 - It's normal for the worst pain to occur 4-5 days after surgery.
- Return to Work
 - Most people can return to work within 5 days.

Gums

- Healing Process
 - Gums will look “rough” and “swollen” initially.
 - They typically take 5-8 weeks to heal around the teeth.

Bleeding

- Normal Bleeding
 - Bleeding is normal for the first 36-48 hours.
 - Teeth may appear bloody the next day.
 - Oozing can occur for the first 7-10 days, and you may see blood in your saliva.

RECOVERY AND POST-OPERATIVE CARE CONTINUED

Brushing Your Teeth

- First Night
 - You can brush your teeth and tongue the very first night using the provided “super soft” bristle brush.
- Gums
 - Wait to brush your gums for 1 week.

Using the Waterpik

- Post-Surgery
 - Start using the Waterpik 14 days after surgery.
 - Use it on the lowest setting initially, increasing by one level each week.
 - It may “pinch” and be slightly uncomfortable, which is normal.

Night Guard

- Initial Recovery
 - You will be provided with a night guard to wear during the first 3-4 months of recovery.
- Finals
 - A custom night guard will be provided for use with your final restorations.

Stitches

- Sutures
 - Mostly dissolvable sutures are used. You will be notified if a different kind is used.

Medications and Prescriptions During Recovery

- Prescribed
 - Antibiotic
 - Pain management medication
 - Steroid
- Over-the-Counter (OTC)
 - Ibuprofen
 - Tylenol
- Provided
 - StellaLife oral care products
 - Bone supplement for the first month



Thank you for considering All Out Dental for your full mouth restoration with the 3 on 6™ dental implant procedure. We are deeply touched by your interest and trust in our practice.

At All Out Dental, we treat our patients like family. Your journey towards a healthier, more confident smile is incredibly important to us, and we are dedicated to providing exceptional care and personalized attention.

Dr. Emmet and his team genuinely love what we do, and we are honored to support you in achieving the smile you deserve.

Thank you again for choosing All Out Dental. We look forward to welcoming you into our dental family.

With heartfelt gratitude,
Dr. Emmet and the All Out Dental Team



ALL OUT
DENTAL



ALL OUT

D E N T A L

3THREE[®]
ON SIX